

Menu 1: - Weeks Commencing 07/01, 28/01, 25/02 & 18/03,

	Monday	Tuesday	Wednesday	Thursday	Friday
Bakery	Freshly Baked Breads with Butter, Balsamic & Olive Oil				
Soup	Freshly Made Soup Of The Day				
Main	Southern Fried Quorn Escalope Served in a Brioche Bun	Pork Meatballs Cooked in a Rich Tomato Sauce and Served with Pasta	Roast Topside of Beef served with Yorkshire Puddings & Horseradish Sauce	Local Pork Sausages Served with Mashed Potato & Onion gravy	Breaded Haddock served with Potato Wedges & Tartare Sauce
Chefs Special	Bean Chilli Served with Steamed Rice & Natural Yoghurt	Pan Fried Chicken Breast with a Creamy Bacon Sauce & Lemon & Herb Rice	Stir Fried Teriyaki Turkey with Egg Noodles, Spring Onion & Peppers	Homemade Butter Chicken served with Boiled Rice & Pickle Tray	Spaghetti Bolognese & Garlic Bread
Vegetarian Dish of the Day	Cheddar Omelette Served with Salad	Sweet Potato & Chick Pea Curry	Vegetable Quiche	Potato Gnocchi Tossed in A Creamy Pesto Sauce	Individual Vegetarian Pizzas
Potato	Baked Potato	New Potatoes	Roasties	Mashed Potatoes	Potato Wedges
Vegetables	Garden Peas & Steamed Carrots	Broccoli & Sweetcorn	Panache of Spring Vegetables & Roasted Parsnips	Steamed Leeks & Baked Beans	Carrots & Peas
Jacket Potatoes	Freshly Cooked Oven Baked Potatoes Served Daily with Various Fillings				
Salad Bar	A self service selection of salads including pasta, Cous Cous, Coleslaw, Roasted Mediterranean Vegetables, Mixed Beans and Olives accompanied by House Vinaigrette, Mayonnaise, Olive Oil & Balsamic Vinegar				
Deli	A selection of Homemade Grab & Go, Deli Style Sandwiches, Wraps, Flatbreads & Baguettes				
Dessert of the Day	Jam & Coconut Sponge with Custard	Chocolate & Pear Sponge with Chocolate Sauce	Bramley Apple Crumble with Cinnamon Custard	Sicky Toffee Pudding & Cream	Stewed Fruit with Yogurt & Granola
Dessert Counter	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits

Menu 2: - Weeks Commencing 14/01, 04/02, 04/03 & 25/03,

	Monday	Tuesday	Wednesday	Thursday	Friday
Bakery	Freshly baked breads with Butter, Balsamic & Olive Oil				
Soup	Freshly Made Soup Of The Day				
Main	Turkey Chilli & Rice Tacos, Guacamole, Grated Cheese & Soured Cream	Steak Pasty Served with Mashed Potato	Roast Breast of Turkey	Korean Style BBQ Chicken Breast Served with Warm Kimchi Style Slaw	Battered Cod Served with Lemon
Chefs Special	Braised Beef Stew with Thyme & Horseradish Dumplings	Creamy Tuna & Sweetcorn Pasta Bake served with Garlic Bread	Shepherds Pie Topped with a Sweet Potato Mash	Pasta of The day Served with a Choice of Sauces	Grilled Gammon Steak with Pineapple
Vegetarian Dish of the Day	Five Bean Enchillada served with Guacamole, Cheese & Soured cream	Parsnip & Sweet Potato Bake	Mushroom & Stilton Tart	Vegetable & Quorn Stroganoff	Vegetable Chow Mein with Sweet Chilli Sauce
Potato	Crushed New Potato Champ	Creamed Potato	Roast Potatoes	Piri Piri Potatoes	Potato Wedges
Vegetables	Steamed Carrots & Green Beans	Baked Beans & Peas	Steamed Sprouts & Roasted Cauliflower	Broccoli & Baked Beans	Mushy Peas & Carrots
Jacket Potatoes	Freshly Cooked Oven Baked Potatoes Served daily with Various Fillings				
Salad Bar	A self service selection of salads including pasta, Cous Cous, Coleslaw, Roasted Mediterranean Vegetables, Mixed Beans and Olives accompanied by House Vinaigrette, Mayonnaise, Olive Oil & Balsamic Vinegar				
Deli	A selection of Homemade Grab & Go, Deli Style Sandwiches, Wraps, Flatbreads & Baguettes				
Dessert of the Day	Apple Tart & Cream	Banana Cake & Butterscotch Custard	Apple & Blackberry Flapjack Crumble & Custard	Chocolate & Orange Sponge & Custard	Rice Pudding with a choice of Fruit Toppings
Dessert Counter	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits

Menu 3: - Weeks Commencing 21/01, 11/02, 11/03 & 01/04

	Monday	Tuesday	Wednesday	Thursday	Friday
Bakery	Freshly baked breads with Butter, Balsamic & Olive Oil				
Soup	Freshly Made Soup Of The Day				
Main	Local Pork Sausages Served On a Smoky Bean & Tomato Cassoulet	Pasta of the Day Served with a Choice of Sauces	Boiled Ham & Parsley Sauce	Chicken Katsu Served with Steamed Rice and a Japanese Style Curry Sauce	Breaded Pollack Served with Potato Wedges & Lemon
Chefs Special	Italian Lamb Stew with Rosemary & Olives	Lebanese Style Chicken with Spiced Freekeh	Beef & Vegetable Lasagne Served With Garlic Bread	Basa Florentine - Basa Fillets Wrapped around Spinach & Served with a Cheese Sauce	Oven Roasted Chicken Shawarma Wrap with Tahini Yoghurt Dressing
Vegetarian Dish of the Day	Spicy Bean Burger served with Tomato Salsa in a Brioche Bun	Pea & Parmesan Risotto	Rosemary & Red Onion Sausages	Green Lentil Risotto with Beetroot & Horseradish	Tortelloni in a Roasted Red Pepper Sauce
Potato	Steamed Baby Potatoes	Oven Roasted Cajun Potatoes	Boiled Potatoes	Baked Potatoes	Potato Wedges
Vegetables	Vegetable Medley & Baked Beans	Garden Peas & Tossed Salad Leaves	Mashed Swede & Green Beans	Stir-Fried Vegetables & Broccoli	Baked Beans & Mixed Vegetables
Jacket Potatoes	Freshly Cooked Oven Baked Potatoes Served daily with Various Fillings				
Salad Bar	A self service selection of salads including pasta, Cous Cous, Coleslaw, Roasted Mediterranean Vegetables, Mixed Beans and Olives accompanied by House Vinaigrette, Mayonnaise, Olive Oil & Balsamic Vinegar				
Deli	A selection of Homemade Grab & Go, Deli Style Sandwiches, Wraps, Flatbreads & Baguettes				
Dessert of the Day	Sultana Sponge & Custard	Apple, Raspberry & Pear Flapjack Crumble Tart Served with Cream	Chocolate Bread & Butter Pudding with Chocolate Custard	Cinnamon, Blueberry & Apple Cobbler	Rice Pudding & Jam Sauce
Dessert Counter	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits	A selection of Yoghurt Pots, Jelly, Fruit Salad & Sliced Seasonal Fruits