



# HEREFORD CATHEDRAL JUNIOR SCHOOL SPORTS DAY

Friday 7<sup>th</sup> July 2017  
1.30PM  
WYESIDE



Welcome to this year's Junior School Sports Day at Wyeside.

Athletics - running, jumping and throwing - form the foundation of all sports and can play a crucial role in the development of physical skills, giving children a sporting base on which they can build throughout their life. This term in PE at the Junior School, all children in Years 3-6 have been following a programme which has given them the opportunity to try new events and to develop new skills and techniques. These events have included javelin, shot putt, standing triple jump and also some work on running technique.

Each child has also taken part in a series of qualifiers to determine the events they take part in on Sports Day. Runs have been timed and jumps and throws measured so that pupils are put in the correct race or event. After last year's successful debut, there will again be a High Jump competition for those pupils in Years 5 & 6 who qualified by jumping the 'magic metre'.

Sport is about much more than just physical health. Participation in sporting activity helps children learn vital skills such as teamwork, leadership, confidence, discipline and learning to win and lose.

Our thanks for your support for all the children competing today.

During the Y3&4 50m races the following field event finals will be taking place:

<b>Yr.5 &amp; 6 Girls Long Jump Final</b>	A Williams (B), M Segalini–Bower (B), M Galvin (M), K Hermon (W), L May (W), N Mann (B), J Debenham (W), E Jordan (M), L Brinkerink (W), L Wood (M), M Teale (B), B North (W)
<b>Yr.5 &amp; 6 Boys Cricket Ball Throw Final</b>	G Goode (M), T Kennedy (B), O Featherstone (W), G Wixey (O), S Sanghera (O), J Haverty (W), O Parckar (B), O Treharne (M), B Yeo (B), G Bevan (O), S Phillips (O), O Gilks (B), B Gillett (O), L Nykamp (M), R Warner (O)
<b>Yr. 5 &amp; 6 Boys High Jump Final</b>	J Haverty (W), O Stanley (B), G Wixey (O), C Clive (M), S Finn (M), O Gilks (B), G Goode (M), J Simmons (B), O Treharne (M), O Parckar (B)

## 50m

Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
<b>1</b>		E Morris (M)	M Knuth (M)	I Debenham (W)	G Turner (W)	H Helm–Hicks (M)		
<b>2</b>		A Madge (B)	M Curtin (B)	M Antosik (O)	S Haverty (W)	M Gillett (O)	A Smout (B)	
<b>3</b>		E Whitehouse (B)	G Powell (W)	R Hussey (O)	E Jennings (M)	I North (W)	E Pugh (O)	
<b>4</b>		O Heaton (M)	F Gilks (B)	J Horne (O)	N O'Reilly (M)	F Powell (W)	H Capozzoli (W)	
<b>5</b>		O Parker (M)	H Walduck (M)	J Shone (M)	E Andrade (M)	B Prosser (W)	B Jones (B)	
<b>6</b>	D Creese (O)	S Wright (O)	A Karney (W)	F Hayes (B)	T Gerrand (O)	C Bonelle (O)	G Martin (O)	
<b>7</b>		F Preston (M)	A Essenhigh (W)	S Jones (B)	I Andrade (M)	E Windsor–Collins (M)	H Kuriakose (M)	
<b>8</b>		P Matthews (W)	V Hughes (O)	L Stanley (B)	S Mann (B)	H White (B)	I Pizii (W)	
<b>9</b>		L Vaughan (B)	E Dorise (O)	E Legge (O)	I Gardiner (B)	K Rogers (W)	S Skerrett (W)	
<b>10</b>			J Sanghera (O)	D Ray (O)	Lo. Sinclair (M)	N Hanasoge (O)	T Wilson (M)	
<b>11</b>	M Denny (W)	T Bevan (O)	O Simmons (B)	F O'Meara (M)	W Cripps (B)	R Yeo (B)	H Lively (M)	
<b>12</b>	J Stanley (B)	J Darwood (W)	T Whitehouse (B)	M Harris (B)	M Phillips (O)	C Brinkerink (W)	O Vernon (M)	

During the Y5&6 80m races the following field event finals will be taking place:

<b>Yr.3 &amp; 4 Girls Long Jump Final</b>	E Dorise (O), I Gardiner (B), S Mann (M), S Jones (B), L Stanley (B), V Hughes (O), H White (B), I Andrade (M), M Gillett (O), R Hussey (O), E Jennings (M), I North (W)
<b>Yr.3 &amp; 4 Boys Cricket Ball Throw Final</b>	C Brinkerink (W), O Vernon (M), T Bevan (O), M Phillips (O), D Ray (O), R Yeo (B), M Denny (W), M Harris (B), F O'Meara (M), T Whitehouse (B), J Stanley (B), F Hayes (B)

## 80m

Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
<b>13</b>		N Morley–Wall (M)	L Brinkerink (W)	P Broderick (W)	H Pugh (O)	G Essenhigh (W)	M James (M)	
<b>14</b>	B North (W)	L Grahame (M)	L Wood (M)	Z Beaumont (O)	H Storrer (W)	A Creese (O)	S Jeyanand (B)	
<b>15</b>		G Lafaia (B)	L May (W)	J Debenham (W)	I Madge (O)	S Raveesh (O)		
<b>16</b>	K Adeyemo (M)	N Mann (B)	M Children (M)	M Sudall (O)	M Grier (O)	K Warner (W)	K Hermon (W)	
<b>17 (Final)</b>	G Manacchini–G. (O)	M Galvin (M)	M Teale (B)	A Williams (B)	M Segalini–B. (B)	E Jordan (M)	G Inott (O)	Z Sockett (B)
<b>18</b>	G Morgan–Jones (W)	A D–Smith (B)	H Daw (B)	B Batchelor (M)	J Rai (M)	M Meadows (O)	J Blackman (O)	G Prosser (W)
<b>19</b>	S Pillai (M)	H G Jackson (B)	Le. Sinclair (M)	O Gilks (B)	B Wiggins (W)	H Martin (O)	T Hargraves (W)	
<b>20</b>	H TA Jackson (W)	R Warner (O)	A Douthwaite (W)	B Gillett (O)	B Joseph (B)	A Jehan (O)	C Reid (M)	K Antosik (O)

<b>21</b>	S Johnson (W)	W Sanders (B)	L Nykamp (M)	C Goodwin (M)	X Chapman (B)	S Finn (M)		
<b>22</b>	S Bissell (O)	J Lewis (W)	F Russell (W)	W McLeish (W)	T Morgan-Jones (O)	D Hulse (M)	S Sanghera (O)	
<b>23</b>	O Featherstone (W)	G Bevan (O)	A Smith (B)	S Goodwin (M)	B Hollingsworth (M)	A Gerrand (O)	M Williams (B)	I Shorrock (M)
<b>24</b>	C Clive (M)	O Janson (W)	O Parckar (B)	G Wixey (O)	G Goode (M)	J Watkins (M)	J Simmons (B)	R Dales (W)
<b>25</b> (Final)	H Corner (O)	O Treharne (M)	B Yeo (B)	O Stanley (B)	D Gummerson (B)	D Sockett (B)	T Kennedy (B)	J Haverty (W)

**During the Y3&4 300m races the following field event finals will be taking place:**

<b>Yr.5 &amp; 6 Girls Rounders Ball Throw Final</b>	M Children (M), G Manacchini-Godfrey (O), M Galvin (M), M Segalini-Bower (B), M Sudall (O), E Jordan (M), A Williams (B), L Wood (M), A Creese (O), G Essenhigh (W)
<b>Yr.5 &amp; 6 Boys Long Jump Final</b>	J Haverty (W), O Stanley (B), D Gummerson (B), G Wixey (O), G Goode (M), T Kennedy (B), O Parckar (B), R Dales (W), S Goodwin (M), A Douthwaite (W), X Chapman (B), S Finn (M), C Goodwin (M), L Nykamp (M), O Treharne (M), D Sockett (B), J Watkins (M)
<b>Yr. 5 &amp; 6 Girls High Jump Final</b>	M Galvin (M), M Segalini-Bower (B), N Mann (B), E Jordan (M), A Williams (B), Z Beaumont (O), S Jeyanand (B), L Wood (M), P Broderick (W), M Teale (B), B North (W)

## 300m

<b>26</b>	H Helm-Hicks (M), G Turner (W), M Knuth (M), E Morris (B), I Debenham (W), E Whitehouse (B), G Powell (W), M Antosik (O), M Curtin (B), R Hussey (M), A Madge (O)
<b>27</b>	S Haverty (W), A Smout (B), E Pugh (O), M Gillett (O), E Jennings (M), I North (W).
<b>28</b>	A Essenhigh (W), H Kuriakose (M), I Pizii (W), S Skerrett (W), H White (B), V Hughes (O), F Preston (M), P Matthews (W), S Jones (B), I Andrade (M), E Windsor-Collins (M), L Vaughan (B)
<b>29</b>	I Gardiner (B), E Legge (O), L Stanley (B), S Mann (B), E Dorise (O), K Rogers (W)
<b>30</b>	O Heaton (M), B Jones (B), H Capozzoli (W), T Gerrand (O), J Horne (O), J Shone (M), F Gilks (B), F Powell (O), H Walduck (M)
<b>31</b>	D Creese (O), A Karney (W), N O'Reilly (M), G Martin (O), O Parker (M), E Andrade (M), C Bonelle (O), F Hayes (B), S Wright (O), B Prosser (W)
<b>32</b>	T Bevan (O), M Phillips (O), J Stanley (B), J Darwood (W), O Simmons (B), C Brinkerink (W), M Harris (B), O Vernon (M), T Whitehouse (B)
<b>33</b>	W Cripps (B), H Lively (M), D Ray (O), T Wilson (M), N Hanasoge (O), J Sanghera (O), L Sinclair (M), R Yeo (B), M Denny (W), F O'Meara (M)

**During the Y5&6 400m races the following field event finals will be taking place:**

<b>Yr.3 &amp; 4 Girls Rounders Ball Throw Final</b>	L Stanley (B), I Andrade (M), A Essenhigh (W), I Gardiner (B), H Kuriakose (M), I Pizii (W), E Dorise (O), V Hughes (O), S Mann (B), K Rogers (W), S Skerrett (W), E Jennings (M)
<b>Yr.3 &amp; 4 Boys Long Jump Final</b>	T Bevan (O), M Phillips (O), J Darwood (W), O Simmons (B), R Yeo (B), C Brinkerink (W), M Denny (W), M Harris (B), O Vernon (M), F Hayes (B), D Creese (O)

## 400m

<b>34</b>	G Morgan-Jones (W), J Blackman (O), S Pillai (M), G Prosser (W), B Wiggins (W), T Hargraves (W), H G Jackson (B), A Dutson-Smith (B), M Meadows (O), H Daw (B)
<b>35</b>	J Rai (M), B Batchelor (M), W Sanders (B), B Joseph (B), L Sinclair (M), H TA Jackson (W), A Jehan (O), R Warner (O), L Nykamp (M), H Martin (O), X Chapman (B), S Johnson (W)
<b>36</b>	A Douthwaite (W), O Gilks (B), B Gillett (O), C Reid (M), S Finn (M), C Goodwin (M)
<b>37</b>	S Bissell (O), D Hulse (M), W McLeish (W), A Smith (B), S Sanghera (O), D Sockett (B), J Watkins (M), C Clive (M), J Lewis (W), F Russell (W)
<b>38</b>	G Goode (M), G Wixey (O), O Janson (W), M Williams (B), B Hollingsworth (M), G Bevan (O), R Dales (W), I Shorrock (M), A Gerrand (O), O Featherstone (W), T Morgan-Jones (O), O Parckar (B)
<b>39</b> (Final)	O Stanley (B), J Haverty (W), J Simmons (B), D Gummerson (B), O Treharne (M), T Kennedy (B), S Goodwin (M), B Yeo (B), H Corner (O), K Antosik (O)
<b>40</b> (Final)	A Williams (B), M Teale (B), Z Beaumont (O), A Creese (O), M Segalini-Bower (B), M Children (M), I Madge (O), E Jordan (M)
<b>41</b>	M Galvin (M), G Manacchini-Godfrey (O), L May (W), K Hermon (W), G Lafaia (B), M Grier (O), G Inott (O)
<b>42</b>	M Sudall (O), J Debenham (W), N Mann (O), S Raveesh (O), K Adeyemo (M), K Warner (W)
<b>43</b>	S Jeyanand (B), L Wood (M), P Broderick (W), L Grahame (M), B North (W), Z Sockett (B)
<b>44</b>	L Brinkerink (W), N Morley-Wall (M), G Essenhigh (W), M James (M), H Pugh (O), H Storrer (W)

All children will return to their House areas before the 'All Star' relays at 3.10pm.

## **'All Star' Relays**

**3.10pm**

### **8 x 100m Relay**

<b>Britten – Lane 1</b>	<b>Matthews – Lane 2</b>	<b>Oakeley – Lane 3</b>	<b>Woodall – Lane 4</b>
M Curtin B Jones L Vaughan T Whitehouse Z Sockett W Sanders A Williams O Stanley	R Hussey J Shone E Windsor-Collins F O'Meara L Grahame L Nykamp M Galvin G Goode	M Gillett C Bonelle E Dorise T Bevan A Creese B Gillett G Manacchini–Godfrey A Gerrand	G Powell B Prosser S Skerrett J Darwood B North A Douthwaite K Hermon O Janson

### **8 x 100m Relay**

<b>Britten – Lane 1</b>	<b>Matthews – Lane 2</b>	<b>Oakeley – Lane 3</b>	<b>Woodall – Lane 4</b>
E Whitehouse F Hayes I Gardiner M Harris M Teale X Chapman M Segalini–Bower D Gummerson	E Jennings E Andrade I Andrade O Vernon L Wood C Goodwin E Jordan O Treharne	M Antosik T Gerrand E Legge M Phillips Z Beaumont H Corner G Inott G Wixey	I North A Karney K Rogers C Brinkerink H Storrer S Johnson K Warner J Haverly

## **Presentation of Trophies**

**3.20pm**

*Trophies presented by Will Butler, former pupil at the Junior School and Senior School Head Boy  
& England U18 and U20 Rugby International*

Boys Throwing Cup  
Boys Long Jump Cup  
Boys High Jump Cup  
Boys Sprint Cup  
Boys Distance Running Cup

Girls Throwing Cup  
Girls Long Jump Cup  
Girls High Jump Cup  
Girls Sprint Cup  
Girls Distance Running Cup

**The House Athletics Cup**

**The PTA will be serving refreshments throughout the afternoon  
from the marquee.**

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